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|  | **Northumberland Schools’ Athletic Association****Cross Country Championships – Tuesday 16 January 2024****Temple Park Centre, South Shields. NE34 8QN** |  |
|  | **12:00 Minor Boys 2600m****1 Large Lap**Start - A-B-C-D-E-F-G-H -Finish**12:10 Senior Boys 6300m** **Small Lap + 2 Large Laps**Start-A-B-C-D-E-A-B-C-D-E-F-G-H-A-B-C-D-E-F-G-H-Finish**12:15 Minor Girls 2600m****1 Large Lap**Start - A-B-C-D-E-F-G-H -Finish**12:35 Junior Girls 2600m****1 Large Lap**Start - A-B-C-D-E-F-G-H -Finish**12:50 Junior Boys 4000m****1 Small Lap + 1 Large Laps**Start-A-B-C-D-E-A-B-C-D-E-F-G-H-Finish**13:00 Inter & Senior Girls****4000m****1 Small Lap + 1 Large Laps**Start-A-B-C-D-E-A-B-C-D-E-F-G-H-Finish**13:15 Inter Boys 4900m****2 Large Laps**Start-A-B-C-D-E-F-G-H-A-B-C-D- |